

## Sapta Shloki (Seven Verses)

### VERSE 1

**yadá srushtam jagat sarwam tadá lokapitá  
mahah  
chaturveda samáyuktam sháshwatam  
dharmamádishat**

**Along with creation, Almighty Father revealed the eternal principles of religion (Law) embodied in four Vedas.**

**(All this is given in Sanskrit language. Sanskrit was nobody's mother tongue at any time on Earth. All languages have words coming from Sanskrit. There is no word in Sanskrit which has come from another language. Hence, Vedas do not belong to any particular region. Since all the universes are under the command of Almighty Father, Vedic knowledge pervades all universes and not only our Earth. Being the composition of the all-knowing Almighty Father, the message of Eternal Principles of religion given through Vedas is ever applicable. The word VEDA comes from the verb VID, meaning "to know", and hence, Veda means knowledge.)**

### VERSE 2

**kim satkarma kim adhyátmam yadi  
wijñátum arhati  
sarwa shástreshu grantheshu pramánam  
paramam shrutih**

**What is good karma, what is the spiritual path? If you wish to know, of all the sciences and writings, SHRUTI (Vedas) is the standard reference.**

**What is good karma, what is the opposite of that, why does man become bound by karma, how can one free himself from the chain of Karma [chain of 'reap as you**

**sow'], what is individual life, what is the manifest and unmanifest world, what is the Creator? All this can be known truly through Vedas.**

**The word SHRUTI means, "that which was heard", from the verb "'shru" which means, "to hear". It is not a human composition.**

### VERSE 3

**aspashtam cha kadá spashtam  
tattwajñána wiwechanam  
anyatra labhyate kintu pramánam  
paramam shrutih**

**Sometimes clearly, sometimes not so clearly, we find the knowledge of THAT (Almighty Power) discussed in various writings. However, Shruti (Vedas) is the standard reference.**

**Generally speaking, the writings which are not based on Rishis' teachings are one-sided intellectual discourses and hence tend to create confusion for the common man. Vedas being the composition of AlmightyFather which were "heard" and memorized by Rishis contain all sciences relating to manifest and unmanifested worlds and hence is the standard reference.**

### VERSE 4

**ársha grantheshu sarweshu shruti  
prámánya mewa cha  
sarwatah sáramádadyán nijakalyán  
hetawe**

**Of all the writings of Rishis, Vedas is the standard reference. Extract the essence for thy eternal benevolence.**

## VERSE 5

shushka wáda ratáh kechin nánya dasteeti  
wádinah  
sarwe te wilayam yánti mithyá kalaha  
kárinah

Some people (either due to ignorance or prejudice or selfishness) interpret things wrongly and proclaim that theirs is the only truth and others are wrong. People who indulge in such dry discussions will be powerless. (The truth given by the Rishis will prevail.)

The eternal principles of religion denoted by these five words, YAJNYA, DAAN, TAPA, KARMA and SWADHYAYA is the Fivefold Path. This is the basis of the teachings of all prophets, all Avatars, all saints, all Gurus.

Either due to nonperformance or wrong performance of ordained duties, resultant Karma accumulates and society falls into wrong ways. Then Almighty Father sends messengers, prophets to stop the evil and practice the right thing for the times in which these messengers come. They reiterate various aspects of Fivefold Path in words suited to the times and the social conditions in which they appear on Earth. Thus came Krishna, Buddha, Zarathushtra, Abraham, Moses, Jesus, Mohammad and others. They do not come to start a new religion. People who come after them form sects and divisions due to ignorance or vested interest. The Messengers fulfill their allotted task and leave.

"Mankind were one community and Allah sent (unto them) Prophets as bearers of good tidings and as warners and revealed therewith the Scripture with truth."  
Holy Koran

"Think not that I have come to destroy the Law or the prophets. I am not come to destroy, but to fulfill."  
Matthew 5: 1 7.

## VERSE 6

nástiká weda nindakáh pákhandá weda  
dooshakáh  
ete sarwe winashyanti mithyáchára  
prawartakáh

Those who malign the Vedas, those who follow life patterns whereby Vedas are maligned, those who find fault with Vedic knowledge, those who follow life patterns whereby blemish comes to Vedic knowledge will bring about their own destruction. (in the end the teachings of Vedas will prevail.)

## VERSE 7

yajña dána tapah karma swádhyáya nirato  
bhawet  
esha ewahi shrutyuktah satya dharmah  
sanátanah

Be engrossed in the practice of Yajnya, Daan, Tapa, Karma, and Swadhaya, the Fivefold Path. This is the Eternal Religion given through Vedas.

1. Yajnya - The whole world is polluted, be it acid rain, ozone holes, radiations of all sorts, water and soil contamination, accoustic pollution, etc., hence so much suffering, misery, violence, greed, psychiatry, disease, sorrow and scarcity of pure water and healthy soil. by purifying the atmosphere we can have minds full of love. peace, prosperity and bliss. This is YAJNYA. Agnihotra copper pyramid healing fire tuned to the biorhythm of sunrise/sunset, is the basic YAJNYA.)

**2. Daan - Share your material assets in a spirit of humility without expectation of name, fame or other benefit.**

**3. Tapa - Learn to become better managers of your body and mind energy. Train the mind to take the coloration of total love.**

**"Be thou transformed by the renewal of the mind."**

**4. Karma - Always do good karma in the spirit of offering to the Lord without attachment to the fruit thereof.**

**5. Swadhyaya (Self study) - Who am I?**

**Trisatya Pratijna**

**satyam sharanam gachchhámi  
satya dharmam sharanam gachchhámi  
satya dharma sangham sharanam  
gachchhámi**

**"Satya" means truth. Here the word refers to all messengers, prophets, paigambars who appeared on various parts of the Earth, at various times to reiterate the Vedic message of Fivefold Path, e.g. Krishna, Buddha, Zarathushtra, Abraham, Moses, Jesus, Mohammad and others. I bow to and take refuge (surrender) in all these prophets.**

**I bow to and take refuge in the eternal principles prescribed by all messengers and prophets. (They all come to reiterate the Eternal Religion and that is the way to self realization leading to, "I and my Father are one.")**

**I bow and take refuge among people where these eternal principles are practiced. (DHARMA etymologically**

**means "that which holds the Universe together.") Love is that bond.**

**Practice of AGNIHOTRA, the basic Yajnya, injects nutrients into the atmosphere and makes minds full of love.**

**If, at a place where Agnihotra is regularly practiced and where some simple HOMAS (healing fires) are done we sing the above Mantra it has a beneficial effect on the front portion of the brain, according to the now nearly lost science of *AYURVEDA*, i.e. *science of medicine*. After Vyahruti Homa this Mantra should be *sung*.**

## SAPTA SHLOKÍ

- 1) yadā **srushtam** jagat sarwam tadā lokapitā mahah  
chaturweda samáyuktam sháshwatam dharmamádishat
- 2) kim satkarma kim adhyátmam yadi **wijñátum** arhati  
sarwa shástreshu grantheshu pramáam paramam shrutih
- 3) **aspashtam** cha kadā **spashtam** tattwajñána wiwechanam  
anyatra labhyate kintu pramánam paramam shrutih
- 4) **ársha** grantheshu sarweshu shruti **prámán**ya mewa cha  
sarwatah sáramádadyán nijakalyán hetawe
- 5) **shushka** wáda ratáh kechin nánya dasteeti wádinah  
sarwe te wilayam yánti mithyá kalaha kárinah
- 6) **nástiká** weda nindakáh pákhandá weda dooshakáh  
ete sarwe winashyanti mithyáchára prawartakáh
- 7) **yajña** dána **tapah** karma **swádhyáya** nirato bhawet  
*esha* ewahi shrutyuktah satya dharmah sanátanah

*esha* ádesah  
*esha* upadesah  
etad anushásanam  
evam anushásitavyam  
evam upásitavyam

## DHARMAM CHARA

yajña dharmam □ charámi  
dána dharmam charámi  
tapo dharmam charámi  
karma dharmam charámi  
swádhyáya dharmam charámi

punarapi yajña dharmam charámi  
punarapi dána dharmam charámi  
punarapi tapo dharmam charámi  
punarapi karma dharmam charámi  
punarapi swádhyáya dharmam charámi

punah □ punarapi yajña dharmam charámi  
punah □ punarapi dána dharmam charámi  
punah □ punarapi tapo dharmam charámi  
punah □ punarapi karma dharmam charámi  
punah □ punarapi swádhyáya dharmam charámi

## TRISATYA SHARAN □ ÁGATI

satyam sharanam gachchhámi	)
satya dharmam sharanam gachchhámi	) 3x
satya dharma sangham sharanam gachchhámi	)